Special Revolution Teaching

The Revolutionary Premises of Your Own Power

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Are You Ready To Join The Revolution?

There's a Revolution going on. A Revolution of people changing their lives into something that surpasses their imaginations. And these people are making the changes themselves, under their own control, and under their own conditions. They've started to live life on their own terms, not the terms that have been imposed on them for all their lives. The Revolution is changing the lives of people around the globe as you are reading this. And it's slowly turning into what could be the greatest Revolution in the history of mankind. More and more people that joined the Revolution are waking up to their power to 'attract', or rather *design*, *engineer* and *create* a life beyond what they ever dared to dream before.

Today, the Revolution is calling you. If you're ready to turn your life into something beyond what you've ever imagined possible in your dreams, then you're more than welcome to join. We're an underground Revolution working overtime to wake you up. This is your call to join and to wake up to the knowledge that can set you free, if only you decide to apply it. The choice is yours.

The Revolution is based on certain premises that most likely have been hidden for you for your entire life. If you truly knew the

details of this knowledge, you'd be living the life of your dreams already. If that's not the case, then you need the premises of the Revolution and their application details to create that life. And that's the exact reason why you got here. In this book, you've finally found your key to achieving your dreams and imaginations.

The time is right. You're ready. This is it.
Don't waste another second, and start reading!

Introduction

For most people life is but a pale shadow of what it can be, if only they realized their true potential in 'attracting', or perhaps even *creating* their life experience.

Most of us are born and raised with a limited image of what is possible, and especially what we are capable of achieving ourselves, once we acknowledge who we truly are and the roles we play in creating and manifesting the world that appears 'outside of us', the 'reality' we experience.

The Special Revolution materials available for free download on http://www.Revolutioniz.com already provide some mind-stretching considerations about the nature of reality, which invite you to open your mind to a greater conception of possibility. They try to push your boundaries to levels that enable you to acknowledge the fact that there is more to life than what you can consciously perceive with your five senses. It emphasized that there are frequencies beyond our five-sense perception, and how there are universal forces that operate in this realm that you can pull the levers on to steer the outcomes of your life experience.

This teaching intends to shine more light on the importance of your own conscious role in the 'attraction' or creation of your life's experience. It intends to give your mental limits of conception of

reality and possibility yet another push, in order to realize that a power of indescribable magnitude hides within you, waiting to be released.

If things seem hard to grasp upon first reading, rest assured that you will overcome these obstacles over time. It took a while for your current belief systems to settle themselves deeply. Now you are going to 'overwrite' them with a new world view that may be a lot different, but is nevertheless much more conducive to making your dreams 'reality'. This may take some effort and may take some time. It may take multiple times of reading to engrain the principles discussed in this teaching. On the other hand, it may also suddenly give you the final push that you needed to fully internalize your awareness of your own power.

In any case, don't worry, as you will soon get the opportunity to learn how to put all the realizations from all the teachings into practice in very simple ways.

But for now it is time to explore the nature of your power. So come on, and let's plunge into the matter at once!

How Do You See Your Role in Life?

Chances are you were raised with a perception of separation. You were led to believe that you interact in a world that is outside of you, separate from you, with other people operating in the same 'outside realm', who are separated from you as well.

The general idea is that things happen by accident. What unfolds in your life is largely determined by random events that you do not have any conscious control of. In the Special Revolution teachings we discuss among many other things that reality is different altogether from this notion of 'random events'. And today, mainstream science and a range of experiments are increasingly demonstrating the same thing.

This book is not aimed at exploring the theories and findings of the science of quantum physics, although a few aspects will be addressed shortly just to support some principles. However, if you feel inspired to learn more about quantum physics, good places to start are the documentaries of 'What the Bleep Do We Know?!' and 'What the Bleep: Down the Rabbit Hole', which provide an accessible explanation for anyone of principles that appear to be very complex.

Instead, what is going to be discussed here, are a few keynote results from scientific experiments that underline the importance of your own role in manifesting your life experience. They will emphasize your power in creating the reality you want for yourself. You will be called on your common sense to accept the implications of these findings, leaving you no other option than taking your life into your own hands, in order to start living life on your own terms and conditions and making of it whatever you want it to be.

So without further ado, here it goes.

A Crash Course in Things Worth Knowing

The next few sections will describe some basics that may appear to be irrelevant at first. However, soon the subjects discussed will be merged, in order to demonstrate the crucial implications they have together in helping you realize the extent of your power.

So stick with the story line, and all will become clear as you progress.

DNA

Your body is entirely made up of units called 'body cells'. Today, most people have heard about a substance that is found in every single cell of your body, called DNA, or 'Deoxyribonucleic Acid'. In living creatures DNA is the carrier of genetic information. DNA is the code that defines how you or any other living creature is built up. Or rather, it defines how *your body* or any other living creature's *body* is built up.

In simple terms, DNA is built up of building block units called 'nucleotides'. These nucleotides are called 'adenine', 'cytosine', 'guanine' and 'thymine', or simply 'A', 'C', 'G' and 'T'. As such,

DNA is arranged in a sequence of these letters, and the way in which they are arranged determines how you (your body) look and how your body cells function.

A striking notion is the fact that the DNA of *all* life, whether we are talking about humans, cats, dogs, fish, plants, trees, birds, bees, and so on, is coded in a sequence of these same 4 units, namely 'A', 'C', 'G' and 'T'. Every living creature is programmed through combinations and sequences of 'A', 'C', 'G' and 'T'.

A computer needs a programming language to tell it what to do or what to display on the screen. Apparently, 'life' in the 'physical' manifestation that we all perceive is coded in the language of DNA. The alphabet of this language consists of the 4 letters, 'A', 'C', 'G' and 'T'. And the sequence of these letters determines the words of the whole story of life, or at least the 'physical' manifestation of it.

However, a computer can have a large set of data and programs on a hard disk, or on a CD or a DVD. But it still needs instructions on which program to read (to start up). For example, your computer needs an instruction to start up your word processor, in order for your word processor to be displayed on the screen, so you can type your letters or books, or anything for that matter. As another illustration, your computer needed the instruction to start up the PDF-reader, in order for this teaching to be displayed on your monitor for you to be able to read it, and possibly even print it on paper. Without the instruction to do so, nothing would have happened.

For example, in case the PDF-reader and this e-book were stored on a DVD, the program and the data would have been there all the time, but they wouldn't have been read or initiated as long as the DVD-player had not been instructed to do so. The DVD-player needs an instruction to start reading the data. However, after being instructed to read a program or data, a laser within the playing device will read the data on the DVD, in order to start up the program you chose to run from the DVD (such as the PDF-reader) and eventually display it on the screen.

In the same way, programs of your body are stored in the DNA of your body cells. Basically, the DNA in your cells contains all information for *all* your body cell functions, and probably even more. Every cell contains the same DNA. Every cell has the entire programming of your entire body stored within itself. However, which program or function a particular body cell will execute, is determined by which program within the DNA is read, or is started up. Like a laser reads the data from a DVD, something called 'RNA' (or 'Ribonucleic Acid') reads that part of the DNA in the cell that is to be executed by that particular cell.

So why is this important?

The significance of this all will become clear soon enough. For now, you have acquired a basic understanding of the importance of DNA in our life experience. Now we can build towards the more mind-boggling parts of this teaching.

But first, we need to go into another subject to give you basic understanding of that part of the story as well.

Quanta

Science used to think that all things physical could be broken down into smaller and smaller pieces. First, scientists discovered molecules. They found for instance that water is built up of water molecules. Then they discovered that these molecules were built up of even smaller particles, called atoms. For example, water molecules consisted of 2 hydrogen atoms and 1 oxygen atom bound together.

Then scientists started to look *inside* atoms to see if there were even smaller particles. The subatomic particles they discovered were called protons, neutrons and electrons, and later particles like quarks, photons and neutrinos.

Quantum physics is the field of science that is devoted to the behaviour of atoms and these subatomic pieces. But when it comes to these subatomic pieces, things get intriguing. In fact, just like science has done for centuries, we tend to think of molecules and atoms as objects, as pieces, as 'physical' things, spheres if you will, however small. In this way, small pieces appear to be built up of even smaller pieces, like atoms are built up of protons, neutrons and electrons, and protons and neutrons themselves are built up of quarks. However, when we get to the level of these subatomic

pieces, these 'pieces' do not behave like 'pieces' or 'objects' anymore.

For example, an object cannot be in 2 places at the same time. If you hold a pen in your hand, that same pen cannot be lying on the table a couple of feet in front of you while you are holding it in your hand. An object can only be in one place at a time. However, scientific experiments have shown that these subatomic pieces can.

Let's talk about the 'electron' for instance. We tend to think of an electron as an object, a small sphere circling around the core of an atom. However, an electron does not behave like an object in the way we know an object to behave. For example, when an electron is shot at a television screen, a tiny point of light appears at the place where it collides. As such, an electron does appear to be an object. However, when an electron is fired at a barrier with two slits in it, it can go through the two slits simultaneously. That means the 'object' is in two places at the same time! No object can do that.

However, a *wave* can. Unlike an object, a wave has no exact location. It is spread around over space. It is a frequency, a vibration.

So scientists discovered that all subatomic 'particles' can behave both like an object and like a wave (or frequency/vibration). They are not *either* a particle *or* a wave. Instead, they are essentially *both*. Basically, they are *entities of energy*, which scientists called 'quanta' (the plural form of the word 'quantum'). And quantum

physicists believe that the universe is entirely made up of these energy units, or quanta.

If you paid attention, you may have made the association with the fact that we keep trying to call on your common sense in realizing that all you perceive with your 5 senses are merely frequencies. The sound we hear is a frequency (wave) picked up by our ears and decoded by your brain into something familiar. The things you see with your eyes are merely different frequencies (colours of light) decoded by your brain into an image. Hungarian biophysicist and Nobel Prize winner Georg von Békésy demonstrated that the skin responds to frequencies as well, thus translating the sense of touch into picking up frequencies as well. In fact, common sense confirms the notion initiated by two neurophysiologists at Berkeley University called Russell and Karen DeValois in 1979 that your brain is a frequency decoder. And now quantum physicists are acknowledging that the entire universe is made up of energy units called quanta that behave both wave-like (frequency-like) and object-like.

The question then is:

When do these quanta act like objects/particles, and when do they behave like a wave? In other words, when do they become 'solid'?

This is perhaps the most astonishing characteristic of quanta discovered by physicists. Get ready for this…

The *only* time that a quantum manifests as a particle, and thus the only time that a quantum becomes 'solid', is when you consciously try to observe it.

So only when you try to look at the quantum it becomes an object. For all the rest of the time it behaves like a wave, or a frequency. Is that something? You basically 'see the quantum into solid existence'. The action of looking at it makes it solid.

Reality indeed appears to be 'wave-like', consisting of frequencies that become a tangible image as soon as you consciously observe them, as your brain decodes them into a 5-sense image. Wow!

Concluding Remarks

You may or may not acknowledge the implications of these apparently separate stories yet. Do realize that we have yet gone through the basics only of what this teaching attempts to convey. Based on the scientific notions discussed in this chapter, the following chapter will integrate these findings into a well-founded image of the extent of your power and active role in creating your life experience. And after that, this teaching will show you how you can apply this power to 'attract' and create whatever it is you want.

The Astonishing Findings

This chapter will guide you through a series of experimental results and scientific predicaments, in order for you to follow a line of reasoning that leads to accept the extent of control you have on attracting or creating your own reality.

DNA Effects

First of all, let's pick the story up with DNA. Relatively recently, a number of experiments have shone a very interesting light on DNA.

For example, at the Russian Academy of Sciences, quantum biologist Vladimir Poponin performed an experiment with his colleagues to study the effect of DNA on photons [1, 2]. Photons are quanta. Photons are known as 'light particles'. Basically, according to quantum physics, photons are what our reality is made of.

We generally consider a vacuum to be entirely empty. But light is able to travel through what we call a vacuum. After all, sunlight makes it to Planet Earth while travelling through the vacuum of space, doesn't it? So Poponin did an experiment with a specifically designed vacuum tube, which was a vacuum true enough, but did contain photons that could be detected with their equipment. At first, the photons were spread around the tube in a completely

unordered fashion. There was no clear pattern in which these 'light particles' were arranged.

Then, Poponin and his colleagues placed samples of human DNA in the vacuum tube. And astonishingly, what happened was that the photons rearranged themselves into an entirely different arrangement. The human DNA had a direct influence on the arrangements of photons, the quanta, the 'light particles' that you observe to 'see', to view 'reality'. And even more astonishingly, after the DNA was removed from the tube, the DNA *still* had its effect on the arrangement of the photons. Poponin called this the 'DNA Phantom Effect'.

So apparently, your DNA has a direct effect on the arrangements of the quanta that our 'outside' reality consists of.

Emotion Effects

It is commonly known from vast amounts of research that your emotions have a direct influence on the functioning of your body cells [3].

This effect is also easily observable when your body produces different kinds of hormones under different emotional states. This is a direct physical reaction on emotion. In response to emotional triggers, hormones are produced, that in turn influence the operation of other body cells.

Emotion itself however, is not a purely 'physical' matter of mere hormones. The Japanese Dr. Masaru Emoto has published multiple books on the effects of words on water (for example the book 'The Hidden Messages of Water').

Words can be seen as vibrations or frequencies too. In fact, every symbol can be seen as a vibration. 'Acoustics' is the name of the field of study within the science of physics that studies sound. The foundations for this discipline were laid by a jurist, musician and physicist known by the name of Ernst Chladni, who lived in the 18th century. By drawing a violin bow perpendicularly across the edge of flat plates that were covered with sand, Chladni caused the sand to rearrange itself into patterns or symbols which today are called 'Chladni figures'. In essence, the sound vibrations he induced with the violin bow created frequency patterns according to which the sand particles arranged themselves, in order to produce a symbol or a figure. Thus, the figure is a vibration.

In the same way, words represent a vibration. However, in case of words, it is rather the *intention* behind the words that determines the vibration. For instance, saying 'I'll kill you' in a jokingly fashion represents an entirely different vibration than saying it in all seriousness. Likewise, the intention or feelings behind music can be expressed in entirely different frequency patterns.

Dr. Masaru Emoto studied the effects of words, music and things alike on water, by exposing water to different 'vibrations' (words, music, and so on) while freezing it, and then photographing the ice

crystals in magnification. The results are extraordinary, in the sense that the ice crystals of water exposed to 'positive vibrations' (such as words of love, gratitude, happiness, or classical music) are often stunningly beautiful, while the ice crystals of water exposed to 'negative vibrations' (such as words of hate, anger, or aggressive music) cause very disturbing crystal patterns to form.

Of course, sceptics have criticised Dr. Emoto's work, but it does reveal that what we think, feel, say and do affects everything else through sending out vibrations, often beyond the boundaries of what your 5 senses can perceive. When you are born, your body consists for about 90% of water, and for about 70% when you are an adult. Imagine the effect of your thoughts and emotions on you and your body, when it consists of water for about 70%!

But there is more, and once again, it has to do with your DNA. We tend to think that we are born with DNA that is basically 'set in stone'. Your DNA is given, and it doesn't change unless specifically manipulated.

However, in 1993, the army did an experiment in which it collected tissue from the inside of a volunteer's mouth. This sample was isolated and taken to another room, while the person it came from was in yet another room. This person was shown a sequence of video images of all kinds of categories (comedy, drama, war footage, erotic pictures, and so on). At the same time, the DNA in the other room was measured electrically to see to what extent it responded to the emotions of the person from whom it came.

Again, the results were astonishing. At the exact same instants that the person experienced emotional dips and peaks, the DNA showed a very powerful electrical response [4].

Then, between 1992 and 1995, a series of experiments were conducted to test the effects of human emotion on DNA. The experiments were performed with people who were trained and apt in specific mental and emotional self-management techniques to focus on positive emotions. When the DNA was analyzed both chemically and visually, the undeniable conclusion was that human emotion changed the shape of the DNA [5].

So basically, the vibrations of your thoughts and emotions do have a significant influence on your body and being in general, and specifically on your DNA. Also, as we discussed, your DNA has a significant influence on the arrangement of the quanta (photons) that make up your 'outside' world. This means that through your thoughts and emotions, you indirectly influence your outside world via your DNA.

But there's more…

The Origins of Emotion

So if emotions and thoughts are so important, where do they come from?

Undoubtedly, thoughts and emotions are heavily intertwined. You think differently under highly destructive or highly constructive emotions, and you feel differently under highly destructive or highly constructive thoughts.

But what determines your emotion or thought response to situations that occur in your life?

The answer is your *belief system*. It is your belief system, or in other words your world view, that determines your interpretation of the situations that occur in your life. The way you interpret the situations and occurrences in your life is entirely determined by what you *believe* to be true.

For example, if you did not know any better, it would appear that what happens in your life is a sequence of random events that you do not have any conscious control over. However, once you have opened your mind to a greater truth that says that there are hidden forces working behind the scenes through which you can consciously determine the outcomes of your life, you realize that you *can* exert conscious control over your life, and that the perception of all events being random was merely a deceptive illusion.

In other words, by opening your mind to a greater truth, you managed to gain an entirely new world perspective, a new worldview, which gave you an entirely different interpretation of the nature of life and reality. As such, your mental and emotional response will be entirely different. For example, you will not respond with feelings and thoughts of desperation, frustration and fear over your sorry circumstances anymore, but you will take responsibility for attracting and creating them, and making conscious changes to your life in order to attract and create something better.

However, there is a catch in the human game. This catch is what we call 'seeing is believing'. Most of us believe things when we see them. But in this context, consider the following.

As touched upon earlier in this book, you don't actually see with your eyes. Your eyes pick up the frequencies, which are decoded into an image by your brain. It is actually your brain that sees.

Consider this… Most people will be familiar with overlooking misspelled words. This is because your eyes, or rather your brain, is so accustomed to reading the words in correct spelling, that it simply overlooks a typo. The typo is filtered out of the image by your brain, which causes you to overlook it and see the correct spelling, which is in line with your expectations. This does not happen all the time, but it does happens sometimes, which illustrates the point to make here. Neurophysiologists like Karl Pribram have long been aware of this fact.

As mentioned before, your eyes pick up the frequencies (the information). This information is then sent to your brain to decode into an image. Specifically, it is sent to the visual cortex (the visual area in your brain). However, on its way to the visual cortex, the information first passes the lens in your eyes to be focussed, then the vitreous humor (a jelly-like substance behind the lens), then its captured on the retina like an image is captured on film with a photo camera. Then the information passes the temporal lobes in your brain, to eventually reach the visual cortex that constructs an image. That's quite a path to travel.

However, the information captured on the retina is upside down! Also, some studies suggest that less than 50% of what you 'see' is actually based on information entering your eyes. The rest is 'made up' by your brain based on the *expectations* it has of what things look like. In other words, the temporal lobes edit the information to reassemble the upside-down, 2-dimensional picture into a 3D-image, that suits what your brain expects to see, in other words, *to suit your engrained belief system*. In relation to the example of the misspelled words, your engrained belief system (the correct spelling of the words you see most of the time) caused your brain to filter out the information (the typo) that was at odds with its conditioned worldview (its expectations).

In university I once did a simple test in which I had to watch a video and another student watched the same video in another room. We then had to tell what we saw on the video. My story was

different from the story of the other student. We had a different way of looking at the video, a different interpretation of the situation based on our own particular worldviews. Likewise, studies have shown that men and women often have trouble communicating accurately with each other, because what one says the other does not hear. Each hears merely whatever supports their *belief and prejudice* about each other. They pick up only what they want to hear, or what supports their conditioned view of the way things are. This is a psychological phenomenon called 'selective retention'.

In the same way, apparently, according to Karl Pribram and other scientists, you only 'see' a mere 50% of the information that enters your eyes, while the other 50% is edited according to your conditioned belief system or worldview.

So what does this have to do with the catch we talked about? What does this have to do with 'seeing is believing'?

The catch is that seeing is not just believing. Apparently, '*believing is also seeing*'. Because the information picked up by your eyes is edited by your brain according to its engrained belief systems, a large proportion of what you actually 'see' is determined by what you believe deep inside to be true. You see what you believe. And of course, because you see what you believe, you immediately believe what you see, because it supports your belief systems that determined what you saw in the first place. Thus, what you see reinforces your belief system, which causes you to keep seeing

things in the way you believe things to be, which in turn again makes you see things in that way. It's a self-reinforcing cycle!

Now these are some astonishing realizations! Now it is time to put them into perspective. In the next chapter, you will learn the implications of all things discussed in this chapter.

The Implications

Here is a short summary of what has come to light so far in this lesson:

- Your thoughts and emotions have a significant influence on your DNA;

- Your DNA has a significant influence on the arrangement of the quanta (photons) that make up the 'outside' world (the reality you observe and experience);

- Your belief system or worldview greatly determines what you see or observe of the 'outside world' (the reality you experience).

- Your belief system or worldview greatly determines your thought response and emotional response, due to the fact that it defines your interpretations of what you observe in life.

Now what does all this mean?

It means that basically the 'outside world' or 'reality' that you experience is determined from 2 angles:

1. Your belief system (worldview, what you believe to be true, the way in which you think things are), which determines for about 50% what you observe;
2. Your DNA, which has been shown to have a direct effect on the arrangement of the quanta that the 'outside world' is made of according to quantum physics.

Next, strikingly, your belief system *also* influences your DNA, be it indirectly through determining your mental and emotional response. Both your mental and emotional response have been shown to significantly influence your DNA, remember?

So your belief system actually determines what you observe both directly and indirectly:

- Directly by editing the information that your eyes pick up;

- Indirectly by influencing your DNA through your mental and emotional response to what you observe, because your DNA influences the arrangements of the photons that your eyes pick up.

Note that these photons are quanta, which are waves (frequencies) all the time, until you consciously look at them. Upon the action of observing them, they become 'solid objects'. This, of course, is the action of your brain constructing an image.

So that means, that the 'outside world', the reality you experience, is entirely a reflection of what is going on inside of you. Your DNA influences what there is to see 'outside', and is itself influenced by your thoughts and emotions. These thoughts and emotions are greatly determined by your worldview or belief system.

Then, once you look at the photon arrangements set up by your DNA (the 'outside world'), you basically see what is going on inside of you. That is because you see what your belief system has caused your DNA to send out in order to rearrange the photons. Then, consequently, what you see, confirms your belief system, merely because what there is to be seen is a reflection of your belief system. This in turn causes your belief system to be reinforced, which strengthens this whole cycle. You keep on seeing what you are believing, and you keep on believing what you are seeing.

In other words, the outside world is nothing but a mirror of what is going on inside of you! Life mirrors aspects of yourself. Thus you appear to '<u>attract</u>' exactly the vibrations that you send out. Indeed, you project these vibrations through your DNA, and then 'see them into existence' yourself!

The mirror of course confirms what is going on inside of you, and thus reinforces this system. Again, you keep on seeing what you are believing, and you keep on believing what you are seeing.

And because every person is an individual perspective of the same universe and everything is connected (as more clearly explained in the Special Revolution teachings), every person may represent a certain profile of mental or emotional states, a certain 'frequency pattern'. Thus, you appear to attract other persons that reflect exactly what is going on inside of you. But in fact, these other persons that appear to be separate from you, are aspects of the same universe that you are, and merely are the mirror images of your inner state.

You are not attracting although you may appear to be attracting, and it is a useful way of looking at things. But what you are really doing is creating, and so does everyone else. You are co-creating with every other aspect of the universe!

Wow!

Conclusions

The past chapters have served as a simplified and shortened illustration of the fact that science is catching up with knowledge that has been known for millennia. The ancients all across the world, whether we are talking about the stories described in the Vedas, the stories of the Hopi, the Zulus, the Sutra Buddhists, the ancient Greek and so on, all talk about a web that interconnects all things, and the way in which we create our own reality.

What was discussed in the previous chapters is merely a tip of the iceberg of knowledge available today for anyone who bothers to look. Of course, it is a very simplified representation of the mechanism in question, not least because it has only been analyzed from an individual point of view, and not from a collective perspective. Naturally, there is much more to find out about it, but a tendency to attempt to rationally and analytically explain a process of infinite complexity is an impossible task. In addition, there is not much use to it, because obsessing over every detail of the mechanism will drive the average person nuts in the end.

Just like the ancients in the Golden Age, the important thing is the practical application of this knowledge. However, it is increasingly becoming clear that you play an extremely significant role in determining every aspect of the reality you experience, both through your inner state, which influences your DNA and the

vibrational field you put up for yourself, and your belief system that plays a significant role in 'seeing this field into existence and creating your observed reality'.

Clearly, the pivot on which everything else hinges, is your belief system. It influences what you observe directly, as well as (be it in an indirect fashion) what there is to be seen.

Therefore, the possibilities of your life, of what you can do with your life and what you can achieve, are only limited by your imagination. Your belief system determines what there is to be seen and what you actually see. Your belief system determines what you deem to be possible. Therefore, what you will deem to be impossible, you will never 'attract' or create in your life. You simply won't see it.

However, *you* control your belief system. After all, what did you know when you were born as a baby? You had an entirely open mind. Nobody told you yet 'how things work in this world'. Then through your education and upbringing, you were 'taught' how things work in this world. Or were you really...?

What really happened, was that you were fed an image of the way people *believed* things to be. Of course, these people had the best of intentions. They were 'taught' the way the previous generation *believed* things to be. For generation upon generation, people have been conditioning the next generation into believing that the world

works in certain ways, most likely through a series of random events that you do not have any conscious control over.

And of course, because these beliefs became the new belief systems of every new generation, every new generation *created* this same reality, simply because they believed things to be that way. Which 'reality' am I referring to? Well, the one in which you are powerless and subject to 'accidents' and events caused by others.

But change your belief system, and you will create an entirely different reality. After all, your belief system determines what you observe. And additionally, through your thoughts and emotions and DNA, it determines what there is to be seen. Push your boundaries of imagination, and you push the boundaries of possibility in your reality.

Such is the nature of your power!

You can thus control the DVD movie of life. By *knowing* first that you are in control, you can then start selecting the track that you want to experience. Right now, you may find yourself in that dramatical movie scene, that just isn't much fun to participate in. Get clear on what you want, and your DVD-laser (the RNA) will start to play a different track of the DVD (your DNA). At this point, science understands a mere 3% to 5% of DNA. The other 95% to 97% they call 'junk DNA'. Simply because scientists don't understand anything about it, they dub it mere junk, is if it doesn't do anything of importance. Yet the DNA of humans is for 90%

equal to that of a mouse. This mere 10% difference in DNA translates itself into an entirely different creature. So imagine what is stored in that 95% to 97% of DNA. Imagine what potential lies there awaiting to be applied.

You can open your mind to overwrite your current belief system with one that has a greater conception of possibility. You can choose what to believe, and you can get rid of limiting thoughts and conceptions of yourself. You will start to send out an entirely different vibration. You will thus rearrange the frequency pattern that you put up for yourself, in order to be 'observed into existence' to reinforce your new belief system.

Thus, you will merely start to play a different track on the movie DVD of life. It will bring along a different scene, perhaps a more comedy-like scene. You may appear to be moving through time linearly, but what is happening in 'reality' is that you start to play a different track. You pull a different DVD-track towards you. You don't 'attract', but you 'at**track**t', basically.

And it all starts with a choice. A choice of what you imagine yourself to be capable of. The intention of this lesson has been to give you a 'sneak peak' into your barrel of power, in order to give you the first push to expand the limited conceptions you may have of your own capabilities. The intention was to show you the importance of your own state in the creation of your own reality. And in addition, it has given you a handle to grip, to start making the changes you desire come about.

That handle is to change your image of your own capability into the realization that you are an incredible being with a power to create whatever you want, if only you decide to take responsibility and start to live life on your own terms. After all, you're the one who is creating it. Why not create something you like?

So after realizing who you are and becoming aware of your power, where to go from there?

From there, it's time to apply your power in practice. And there are simple 'Universal Laws' that explain how to do that.

And that is what the Revolution is about.

Welcome to the Revolution.

Afterword

you'll experience. Your life will turn into something more exhilarating than you've ever dared to imagine! It's the greatest gift